

April
2012

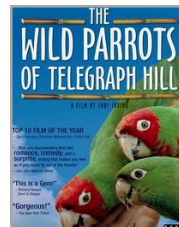
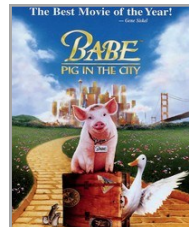
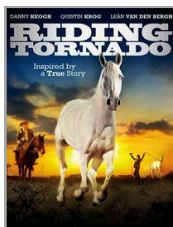
Senior Grapevine

Claire Teague Senior Center
917 Main Street
Great Barrington, MA 01230
413 528 1881
Rebecca Tillinghast, Director
rtillinghast@townofgb.org
Open from 8:00 - 3:30 M - F

The Senior Center will be **CLOSED** on Patriot's Day Monday, April 16th.

Movies on Mondays
*Join us at noon
in the library.*

APRIL'S MOVIE THEME: *Animal Wisdom*



Mon, April 2 RIDING TORNADO

In a story inspired by actual events, a downtrodden young man and a put-upon horse come together to heal each other with the help of a South African horse whisperer who leads them both down a path of redemption.

Mon, April 9 HACHI: A DOG'S TALE

When his master dies, a loyal pooch named Hachiko keeps a regular vigil -- for more than a decade -- at the train station where he once greeted his owner every day in this touching drama based on a true story.

Mon, April 16 NO MOVIE. CLOSED.

Mon, April 23 BABE: A PIG IN THE CITY

After winning the sheepherding contest, Babe comes home to the reality that Farmer and Mrs. Hoggett (James Cromwell and Magda Szubanski) may lose their land. The prize porker and Mrs. Hoggett go to the big city in a desperate attempt to save the farm but become separated. On his own, Babe performs with the circus, is chased by stray dogs and becomes a leader among animals in director George Miller's Oscar-nominated sequel. Cat lovers will also enjoy this movie!

Mon, April 30 THE WILD PARROTS OF TELEGRAPH HILL

This poignant documentary chronicles the true story of a modern-day St. Francis of Assisi, a homeless San Francisco street musician by the name of Mark Bittner who adopts a flock of wild parrots as he searches for meaning in his life. With a surprise ending that left festival audiences cheering, director Judy Irving's film celebrates urban wildness -- human and avian -- and links parrot antics to human behavior. This is a beautifully filmed and truly fascinating story.

CONTACT INFORMATION

Rebecca Tillinghast, Director Email: rtillinghast@townofgb.org
Sally Sanford, Assistant to Rebecca Email: ssanford@townofgb.org

SENIOR CENTER: 413-528-1881 **HOURS:** Monday - Friday 8:00 AM - 3:30 PM

DINING ROOM / RESERVATIONS OR CANCELLATIONS: 413-528-4118

SOUTHERN BERKSHIRE ELDERLY TRANSPORTATION CORPORATION: 413-528-4773

ON THE WEB AT www.townofgb.org/Pages/GBarringtonMA_COA/index

Margery Kirchner

As told to Sally Sanford



Marge Kirchner was born in Torrington, CT, in 1928. She was the 4th of ten children (7 girls and 3 boys). When she was three months old, her family moved to Ashley Falls, MA. Marge went to the one room school in Ashley Falls for the first four grades. Even at this very young age, Marge wanted to be involved with the food program started by President Roosevelt. So at the school she helped prepare and serve soup on Tuesdays and hot chocolate on Thursdays. Thus began her long life of service providing meals to others.

Marge remembers how her father insisted that the family keep quiet during President Roosevelt's "Fireside Chats" on the radio. From a very young age, he instilled in his children a true sense of patriotism and the passion for serving their country and their community. She recalls that one day school was dismissed early so the children could watch President Roosevelt's motorcade drive through Ashley Falls. It was an exciting day for this little girl who was learning all about patriotism first hand.

Marge fondly remembers her father as man of endless talents and drive and a passion to serve his family, community and country. He jellied fruits and canned the vegetables the family grew; he fixed the car and truck; he took care of the animals; he often cooked for the family; and he always could be found doing community service. And, of course, he always voted! He was a man of strong core values and a father of ten children! Although Marge highly revered her father as her role model, she does admit once in a while hiding up in a tree with a good book just to keep from having to wash diapers for her smaller brothers and sisters.

But Marge's personality was being influenced by her father's strong example. She learned to fend for herself, be resourceful, honor her family, community and country and serve others whenever possible. After the 4th grade, Marge continued her schooling at Sheffield Center School until she graduated from high school in 1946. As expected, Marge was already becoming quite an independent and resourceful school girl. During her teens she volunteered to spot enemy airplanes at a tower on Hurlburt's Farm. Marge also worked at the Berkshire School and lived in the Head Mistress's home during the school year. She would have to ride the school bus to Sheffield Center School on school days. On weekends and during the summer months, she would go back home to her family in Ashley Falls and from there she would walk to Canaan, CT, to work as a waitress for Johnny's Restaurant. Part of Marge's income from these jobs went to help support her large family. It was natural for her to pitch in.

But Marge was not all work and no play. She loved to dance! On Saturday nights she and two of her sisters would walk from their home in Ashley Falls about five miles just to dance at the Sheffield Grange Hall. The grownups that played in Pop Smith's Band would take them home after the dance. She was at one of those Saturday night dances the night she met her future husband, Richard (Dick). "I was only 17 1/2 then, but I knew right away this was it! Sixty-four years later I know I didn't make a mistake."

That night Dick was standing outside the door (because he refused to pay the \$2.00 entry fee) watching her square dance with her boyfriend. Even though he laughed at her, he really liked her. He finally offered to give her a ride home that night and the rest is history! It was true love at first sight. They married in 1948 at The Our Lady of The Valley Catholic church. They raised four children together (3 boys and 1 girl) and now have eight grandchildren and nine great grand children.

For eight years during the 60's Marge and Dick owned The Village Green Luncheonette in Sheffield. At the time their four children ranged in age from 2 to 16. Dick was always working two or three jobs at once but he would open up the Luncheonette at 7am and stay there till 9am while Marge got the kids fed and off to school. Then she would take over and work a nine-hour shift from 9am to 6pm. Dick took another turn from 6pm

to 10pm. After eight long years of this grueling routine, they finally sold that business. Marge wanted to have more time with the kids that were still at home. But later on she decided to take on the job as Nutrition Manager at Sheffield Center School. For 15 years she followed the patriotic footsteps of her mentor Millie Smith.

But even after retiring from that long held position Marge did not sit still. Her resourceful and industrious upbringing along with her entrepreneurial spirit quickly got her involved in opening up a package store in Sheffield called "The Wine Cellar." It had the first drive-up window in Berkshire County. When she and Dick later sold the package store, Marge took a job working for Elder Services at the Claire Teague Senior Center. After five years working at the Senior Center, she got another job offer to work part time at the Silk's Variety and Sheffield Market. Shortly after taking that part time job in Sheffield, she succumbed to Jane Green's pleas to come back to work at the Senior Center and has been here ever since. "I love working with the elder generation because now I am one of them and I understand their needs."

Marge has been an active member of the Sheffield Kiwanis Club for 13 years and says those years have been her most rewarding community service years of her life. She is also currently an active member of The Our Lady of the Valley Women's Club and a 54 year member of the American Legion Auxiliary. She has led a very active and fulfilling life of service to others while also raising four children and running several businesses. Her grandson Jason once asked her why she was so different from all the other "old grandmothers." The answer is that she has always been living in high gear, has always loved being inventive, starting new things and making a difference in the lives of others.



On April 9th this year Marge will celebrate her 84th birthday with gratitude for all the opportunities she has had to participate in life as a true patriot. We know her father would be very proud of her!

Now Marge says she is intentionally slowing down. She and Dick are spending more time together and having lots of fun. They are planning to attend Dick's 88th Kirchner family reunion this year. She is choosing to transition into doing less while enjoying more. Meanwhile, Marge continues her part-time job as Co-Manager of the Dining Room here at the Claire Teague Senior Center with her sister-in-law, Marie Kirchner. She may be slowing down, but she's still our "Marge-in-Charge." We salute Marge Kirchner for being an outstanding and life-long patriot!

SANDY AND SANDY



Sandy and Sandy playing at the 2011 Mt. Washington Church Fair (Photos by John Tomasek)

Good Time Music (and a few sad songs)
For Washboard, Guitar and Voice

Back by very popular demand, Sandy Nunn and Sandy Lord will return on Thursday April 26th to entertain everyone during the Veterans Luncheon from 11 to 11:45am. Please call a day ahead of time to make a reservation for lunch. We expect a full house!

Do You Recall Your First Lunch At The Senior Center?





Were you hoping to find a warm and friendly bunch of folks to visit and dine with? How was that first day for you? Does anyone in particular stand out in your memory as having been especially friendly to you? Were you invited to come back and get to know people? Are those same people some of your best friends now?

Almost everyday now we are having new seniors join our center and some of them may be a little apprehensive about coming to lunch for the first time. Your friendly smile and a warm welcome can help ensure that their first day and their encounter with you will be one they'll fondly remember.

Please observe the No Reserved Seats Policy in the Dining Room and invite others to join your table, whether they are long-standing members or first time guests. Everyone deserves a warm reception every day!

*"When we treat another person with loving care,
we build memories of gold they can share."*

April's Birthday Honorees

			
2 James Dunlop Carol Piontek	8 Sandra Houle Kathy LaRose Joe Lockwood	16 Marion Robinson	23 R.W. Turner Middy Boden
3 Jeanne Holcomb	9 Sylvia Clark Wilma Darada Margery Kirchner	17 Gail Heath Ann Waldman	24 Ruth Brownson Fredericka Jennings Norm Kellog David Rutstein
5 Ray Bertelli Amy Rutstein	12 Nell MacKenzie	18 Leslie Bush	25 Louise Briggs Jane Green Lois Riggi
6 Michelle Gilligan	13 Mark Errichetto Leon Sarin	20 Easterbelle Clark Barbara Thorpe Michelle Vogt	26 Matt Wells
	14 Winona Harding Anna Leffingwell	21 Kathy McGuire	28 Herman Ogulnick Pad Spence

Birthstone: Diamond

Flower: Daisies or Sweet Peas

People born in April are invited to celebrate their birthday by attending a

Birthday Luncheon
Wednesday, April 25th



Please remember to make your lunch reservation in advance with the Dining Room. (528-4118)

If for some reason your name is not on the above list and you do have an April Birthday, either you are not in the database at all, or we don't have your information entered correctly, or you may have registered after the newsletter went to print. Either way, we need your help to correct the mistake.

Please drop by the Claire Teague Senior Center and register with us so we can have your correct information on file. If you are on the list but don't have a card yet, please give us a call to update your information and obtain your new card. About half of our seniors do not yet have their new cards. If you are one of them, please come in to get one. They are very easy to use!

If you are unable to come, you may send a relative or call us with the information. We'll then mail you a new card. Thank you.

Congratulations to everyone who has an April Birthday!

You are cordially invited to join us for...

The Opening of An Art Exhibit by Frank Stanley Packlick

Tuesday April 3, 2012 10am - Noon
~ Refreshments Served ~

This spring we are so fortunate to have on display the beautiful pen and ink drawings of a famous local artist, Frank Stanley Packlick.

Frank lives in Geer Village in Canaan, CT, with his cat Lucy. He has graciously given the Senior Center one of his drawings of Jug End. You'll be able to see it and many others on display during the months of April and May at the Claire Teague Senior Center.

We thought it would be particularly fitting to include below two of his drawings of animals since all of our April movies are about animals and their wisdom.



Frank grew up in Housatonic and graduated from Searles High School in Great Barrington and began drawing at a very young age. His friends all call him "Spec."

There is a wonderful article written by Eunice Agar about Frank Packlick in the March 2012 Issue of "The Artful Mind" publication. The picture of Frank above was taken by Nancy-Fay Hecker.

Please join us on April 3rd for refreshments and a chance to speak directly with Frank about his artwork and his life as an artist. Family and friends are welcome! You can come back often during the next two months to enjoy the drawings. We look forward to seeing you at the Senior Center for the opening of his art show.

A May Day Celebration ~ Making May Day Baskets with Sandy Nunn and Mary King Austin

Tuesday May 1, 2012 8:00am - Noon

Mary King Austin and Sandy Nunn will bring flowers and everything you will need to make a lovely May Basket. They will bring some examples and some spring music to "get you going!" Baskets will be completed by lunchtime at 11:30am. During lunch they will talk briefly about May Day traditions. May is all about spring, new beginnings, growth and love. You will be encouraged to take your May Basket home or give it to a friend. Join the fun on May Day!



MONTHLY HIGHLIGHTS

- ♦ Tuesday April 3rd - Opening of Exhibit by artist Frank Packlick
- ♦ Tuesday April 3rd - AVADA Hearing Aid Service with Herman
- ♦ Wednesdays April 4th & April 11th - AARP Tax Help
- ♦ Wednesday April 4th - Computer Presentation "All About Email"
- ♦ Thursday April 5th - BOCCE resumes
- ♦ Thursday April 5th - EASTER DINNER with MUSIC by Doug Schmolze
- ♦ Thursday April 5th - CRAFTY HANDS resumes in Lobby after lunch
- ♦ Monday April 9th - FOOT NURSE (call for appointment) *Day 1
- ♦ Monday April 9th - OUT TO LUNCH GROUP goes to Pizza House
- ♦ Monday April 9th - AARP Meeting "Walk Down Memory Lane"
- ♦ Tuesday April 10th - Quilting Guild
- ♦ Wednesday April 11th - BROWN BAG Distribution
- ♦ Wednesday April 11th - A.G.E. Triad Meeting
- ♦ Thursdays April 12th and 26th FREE Lunch for Veterans and Spouses
- ♦ Thursday April 12th BOOK CLUB - "A Tale of Two Cities"
- ♦ Thursdays April 12th and 26th Women With Cancer Support Group
- ♦ Friday April 13th - FOOT NURSE (call for appointment) *Day 2
- ♦ Monday April 16th - CLOSED for Patriot's Day
- ♦ Wednesday April 18th Caregivers Support Group
- ♦ Thursday April 19th - BLOOD PRESSURE CLINIC with VNA *(not 26th)
- ♦ Thursday April 19th - Berkshire School "Gracious Living Day"
- ♦ Saturday April 21st - SENIOR HOUSING EXPO
- ♦ Monday April 23rd - MEAL at Berkshire South (bus \$3)
- ♦ Wednesday April 25th BIRTHDAY LUNCHEON
- ♦ Wednesday April 25th COA BOARD MEETING (open to public)
- ♦ Thursday April 26th MUSIC with Sandy Lord and Sandy Nunn

Bulletin Board



Love BINGO? Please join us
at the Senior Center on

Tuesdays
9:00am and 12:30pm

And Thursdays
9:00am

AARP CHAPTER #89

Monday. April 9th 2:00 pm
(in Library following the Monday Movie)

“A WALK DOWN MEMORY LANE”

Join us on April 9th at 2:00 P.M. to walk with us thru the years 1942-1945 with guest speaker Winnie Veretto. Winnie will have a table set up with memories from the 40's. This should trigger some happy memories from your past. We invite you to share with us items from those years so we can reminisce with you about your memories. Meeting and refreshments will be at the beginning of the meeting. 50/50 raffle to benefit scholarship fund. Meetings are held at the Claire Teague Senior Center. Public is welcome.



SCHEDULE CHANGES

- ♦ **BOOK CLUB** returns to its regular meeting day—the 2nd Thursday of the month—in April (in computer room).
- ♦ Due to demand, Jane Kelley, R.N., The Foot Nurse, is now coming on the 2nd Monday and 2nd Friday of each month beginning in APRIL. These days may not fall in the same week, so please call ahead to schedule your appointment with her. 528-1881
- ♦ **BLOOD PRESSURE CLINIC** with VNA is on the 3rd (not 4th) Thursday (April 19th) this month only. In May we will return to the 4th Thursday of the month. Please note the new time of 12:00-2:00pm beginning in April.

SPECIAL EASTER DINNER & MUSIC

Thursday April 5th

11:00 - 12:00

With Doug Schmolze



VETERANS LUNCHEON & MUSIC

Thursday April 26th

11:00 - 11:45

With Sandy Lord and Sandy Nunn

BOCCE and Knife Sharpening
both resume on Thursdays in April



“Crafty Hands”

"Crafty Hands" cordially invites everyone to join them on Thursdays in the Lobby immediately following lunch. Bring in a project, join friends for a cup of coffee and some handwork, or just come and chat. Fun for all!



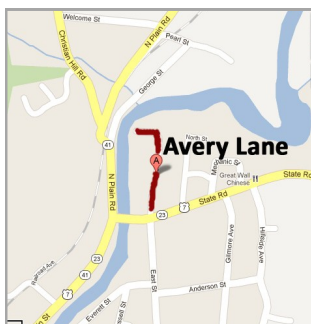
BOOK CLUB

This month we resume our usual meeting time on 2nd Thursday, April 12th at 1pm in the Computer Room to discuss the famous book:

“A Tale of Two Cities”
by Charles Dickens

In honor of Mr. Dickens's 200th birthday we'll pay a visit to France and meet Charles Darney, Lucie Manette and, of course, Madame Defarge. Please join us.

A Little Street With A Big Name



Just before crossing the Great (brown) Bridge on Route 7, heading south into the commercial center of Gt. Barrington, there is located on the right an inconspicuous dead end street named Avery Lane. Even though the Avery family warranted a street named after them, very little mention is made of them in Charles Taylor's The History of Great Barrington.

Furthermore, there is a more profound omission. No mention is made of a member of this family who was to become one of the nation's most powerful, influential, and wealthiest personages: John D. Rockefeller.

During the late 18th century, a Revolutionary War veteran from Norwich, CT, by the name of Miles Avery, settled here. In 1786, a daughter Lucy was born to him in Great Barrington where Avery Lane is today. Lucy grew up here and in 1806 married Godfrey Rockefeller from Germantown, NY. The couple lived in Great Barrington, where Godfrey was a farmer, owning land on what is now Monument Valley Road. He also became a Berkshire sheriff.

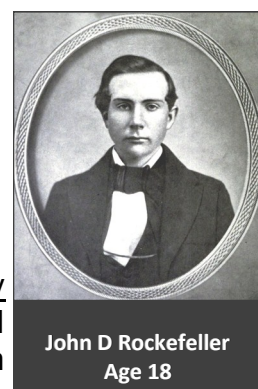
The Rockefellers did not remain long in Great Barrington. After many moves, including one back to this town, Godfrey decided he wanted to move further west. However, Lucy, apprehensive about how far west to go, compromised on Tioga County, New York. At least in this area of New York she could be near her relatives who also had moved there.

Meanwhile during all of these moves, the Rockefellers had ten children, of whom seven were born in Great Barrington. The first two children were born in Great Barrington and William Avery Rockefeller, who would be John D. Rockefeller's father, was the third child of Godfrey and Lucy and their first to be born outside of Great Barrington. John D. Rockefeller was born in Richford, NY in 1839. From then on the rest is known history.

The next time you go by the Great Bridge, if possible, just glance where Avery Lane meets Route 7 or Stockbridge Rd.. Presently, Avery Lane faces a lighting fixture store but years ago it had faced Ken Gurney's Exxon station. The Exxon company had deep roots in the Standard Oil empire of which John D. Rockefeller was the founder. How ironic, and yet what a fitting tribute to that man's roots in Great Barrington. Indeed, this is a little street with a big name.

As a personal footnote: By 1850 John D. Rockefeller was living in Owego, NY and in 1852 he entered Owego Free Academy. My first teaching job was in Owego in a modern high school bearing the same name. My next educational position was in the Berkshires where we settled in Great Barrington. I was aware of Rockefeller's association with Owego, but knew nothing about his roots in Gt. Barrington. What an odd coincidence unknowingly following the Rockefeller trek in reverse.

This article first appeared in a 1983 Great Barrington Historical Society Newsletter and a more detailed version of the Rockefeller saga here using this and other sources can be found in Bernard Drew's The History of Great Barrington published in 1999.



Patriot's Day

Patriot's Day (or Patriots' Day) commemorates the battles of Lexington and Concord, which were fought near Boston in 1775. Patriot's Day is annually held on the third Monday of April. It should not be confused with Patriot Day, held on September 11 to mark the anniversary of terrorist attacks in the USA in 2001.

Prior to 1775, the area that is now the eastern part of the United States mainly consisted of British colonies controlled by the United Kingdom. The American Revolutionary War, also known as the American War of Independence, was a major step in the independence of the United States.

The first battles in this war were fought in the areas of Lexington and Concord, near Boston, Massachusetts, on April 19, 1775.



For this reason, the third Monday in April is symbolic of the emerging independence of the new country.

Patriots' Day is a state holiday in Massachusetts and Maine, where state, county, and municipal offices are closed. However, Patriots' Day is not a federal public holiday and federal offices are open. Many schools are closed for the spring break. Stores and other businesses and organizations may be open or closed according to local custom. Most public transit services run reduced schedules, but may not operate in rural areas. There may be some local disruption to traffic around the re-enactments and sports events, particularly in Boston.

Patriots' Day festivities include a re-enactment of Paul Revere's ride and the battle of Lexington and Concord. The Boston Red Sox baseball club traditionally battle their arch enemies, the New York Yankees, at Fenway Park. The game starts two hours earlier than usual so baseball fans can leave in time to catch the finish of the Boston Marathon in nearby Copley Square.

The Claire Teague Senior Center will be closed this year on Monday, April 16th, 2012. Enjoy the day!

Friends of The Claire Teague Senior Center, Inc.

Who Are The Friends? The Friends are a group of people whose main purpose is financial and community support for the Claire Teague Senior Center. Founded in 2011, the mission of The Friends of The Claire Teague Senior Center, Inc. is to fund and support programs, services and fellowship to the senior population of South Berkshire county.

The Friends of The Claire Teague Senior Center, Inc. is a private, 501c(3) non-profit corporation organized and operated exclusively for charitable purposes specific to the Claire Teague Senior Center of Great Barrington, Massachusetts.

Membership Options:

\$15 Individual Membership

\$25 Family Membership

\$50 Business Members

Please mail your tax-deductible check made payable to:

Friends of the Claire Teague Senior Center, Inc.
P.O. Box 988
Great Barrington, MA 01230

The Friends Of the Claire Teague Senior Center would like to thank the Unitarian Universalist Meeting of South Berkshire for their recent donation to our organization. The Claire Teague Senior Center is thriving and growing despite tough economic times and this gracious donation from the Unitarians will help us to continue to support the programs, services and fellowship offered at the Senior Center.

Thank you.

SOME THINGS TO THINK ABOUT

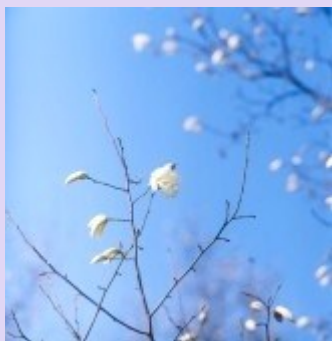
Spring

Call me Stephen Dedalus
For soon I will be dead
Unless

I use my wings to fly
Above the fray

Free of guilty gravity
In air that seems like
Purity...

The clear blue sky
Of Spring Without regrets.



A bit of a poem
by Steve Strommer

Claire Teague Senior Center 2nd Annual Dog Show

**Friday May 25th at Noon
(Memorial Day weekend)**

Join us on the grass in front of the building. We are going to have categories and contests with prizes and a blessing of the dogs by our own Belle Fox Martin.

If you have a dog that would enjoy participating in this event (or know of someone who has a spectacular dog) please keep your eye open for more details on this special day.

Be Aware: “Observation Care” status is causing seniors to have to pay unexpected hospital and nursing home costs.

If you are currently on Medicare, you could get a surprise bill if you are placed under “**observation care**” during a hospital stay. That status is supposed to mean that your doctor is observing you for a few days to see whether or not you really need to be hospitalized.

But here’s the catch: for billing purposes this status of “observation care” is considered to mean *outpatient care*, even though you are actually staying in the hospital. This means that the hospital visit is NOT included under Medicare Part A, which covers the total cost of hospital services after your deductible. Instead, you will owe copayments for services under Medicare Part B, which covers outpatient care and doctors’ fees. (If you have Medicare Advantage coverage you will pay according to their particular plan’s rules.)

An even bigger surprise could come after you leave the hospital if you end up in a nursing home. Medicare pays for your nursing home expenses ONLY if you were admitted as an inpatient at a hospital for at least three days—not counting the discharge day.

If you were admitted to the hospital, but placed under “observation care” and then go into a nursing home to rehabilitate, your hospital stay would be considered an outpatient stay and you could be faced with a large bill for services not covered by Medicare.

If you are admitted to a hospital and told that you’re considered under observation, talk to your doctor and the hospital staff immediately and get them to change that status. Try to get this changed while you are in the hospital. Otherwise, you may be faced with some large hospital and/or nursing home bills that you were not expecting to have to pay.

(This article is shared to make you more aware of possibilities before they happen to you. It is not meant to scare you or to discredit Medicare, doctors or hospitals in any way.) It is a summary of a more lengthy article written by Anna Wilde Mathews in a February, 2012 issue of The Berkshire Eagle which was forwarded to us from Elder Services.



ADDITIONAL ANNOUNCEMENTS

STAY IN TOUCH WITH FAMILY AND FRIENDS With EMAIL!

Join us on April 4th

"PRESENTATION and PRACTICE" COMPUTER CLASS

Beginning in April, our Computer Class teachers are giving a presentation on the first Wednesday of each month at 12:30 in the Computer room. Each month they will cover only one main topic related to computer use.



Topic for April 4th:
"ALL ABOUT EMAIL"

Anyone can come and you do not need to call ahead for an appointment on this day. You will receive handouts that you can take home for reference.

Please join us in the computer room at 12:30 for a great class followed by practice and individual help with email.

The rest of the Wednesdays in each month they will continue to offer you individual help learning about computers.

This month's presenter/teacher:
MIMI HASSETT

STEVE STROMMER also teaches the one-on-one sessions.

Please call 528-1881 to schedule your one-on-one session with either of these great computer teachers.

The Council On Aging would like to thank Fairview Hospital for their generous donation that helped pay for the printing of this month's issue of the Senior Center Grapevine. We so appreciate other organizations within our community who through their sponsorship are actively helping us understand and meet the needs of seniors in southern Berkshire County. Thank you.

Senior Housing Exposition Options for Living

Free and open to
the public. All ages
are welcome.

Sponsored by the
A.G.E Triad.



Saturday April 21st
10 am – 3 pm

Claire Teague
Senior Center
Great Barrington

Speakers include representatives from:

- Great Barrington Housing Authority
- Hospice
- Mt View Home Care
- VNA
- Berkshire Housing Services
- Construct
- Elder Services
- Rebecca Tillinghast, CTSC

Representatives of the following organizations will be present at tables in the main hall to help you age in place or begin a transition from home to an assisted or independent living facility.

- Premier Home Care
- Molari Health Care Services
- Cameron House Assisted Living
- Lee VNA
- Fairview Commons/BHS Adult Day Health
- GB HealthCare
- Hospice Care of the Berkshires
- Geer Nursing and Rehab
- Berkshire Home Health
- Southern Berkshire Volunteer Ambulance Squad
- The Village at Laurel Lake
- Home Instead Senior Care
- Health Care+
- Lincare

See the Shopper's Guide on April 18th
for a full schedule of this event.

A.G.E. (Alford, Great Barrington, Egremont) **Triad** is a partnership between law enforcement, senior citizens and community groups that works for seniors to improve their sense of security and their quality of life.

APRIL TREATS!

PISTACHIO PUDDING & PINEAPPLE PIE

Ingredients:

- 1 pie crust or graham cracker crust
- 1 cup crushed pineapple in own juice
- 1 pkg. instant pistachio pudding
- 1 9 oz. Cool Whip

Instructions:

Put pineapple in a bowl, juice and all.
Add pudding, stir gently.
Fold in Cool Whip, saving a little for top.
Put mixture in the crust.
Refrigerate till firm.
Cut and serve.



This recipe was shared by
Lucia Panetti

Easter Bunny Bread Recipe

Ingredients

- 2 loaves (1 pound *each*) frozen bread dough, thawed
- 2 raisins
- 2 sliced almonds
- 1 egg, lightly beaten
- Lettuce leaves
- Dip of your choice



With its toothy grin, lovely golden crust and tummy that's perfect for serving dip, this charming rabbit is sure to bring a smile to guests young and old. — Recipe taken from Taste of Home Test Kitchen.

Directions

- Cut a fourth off of one loaf of dough; shape into a pear to form head. For body, flatten remaining portion into a 7-in. x 6-in. oval; place on a greased baking sheet. Place head above body. Make narrow cuts, about 3/4 in. deep, on each side of head for whiskers.
- Cut second loaf into four equal portions. For ears, shape two portions into 16-in. ropes; fold ropes in half. Arrange ears with open ends touching head. Cut a third portion of dough in half; shape each into a 3-1/2-in. oval for back paws. Cut two 1-in. slits on top edge for toes. Position on each side of body.
- Divide the fourth portion of dough into three pieces. Shape two pieces into 2-1/2-in. balls for front paws; shape the remaining piece into two 1-in. balls for cheeks and one 1/2-in. ball for nose. Place paws on each side of body; cut two 1-in. slits for toes. Place cheeks and nose on face. Add raisins for eyes and almonds for teeth.
- Brush dough with egg. Cover and let rise in a warm place until doubled, about 30-45 minutes. Bake at 350° for 25-30 minutes or until golden brown. Remove to a wire rack to cool.
- Place bread on a lettuce-lined 16-in. x 13-in. serving tray. Cut a 5-in. x 4-in. oval in center of body. Hollow out bread, leaving a 1/2-in. shell (discard removed bread or save for another use). Line with lettuce and fill with dip. **Yield:** 1 loaf and a perfect bread bunny!

APRIL FUN AND FACTS

Can you find these dozen words in the box below?

childish funny mischief pretend
first hoax playful spontaneous
fool joke prank trick

P	F	H	W	N	H	O	A	X	P	B
R	U	I	T	R	I	C	K	Q	L	F
A	N	P	R	E	T	E	N	D	A	O
N	N	F	P	S	J	O	K	E	Y	O
K	Y	J	B	A	T	D	G	M	F	L
S	P	O	N	T	A	N	E	O	U	S
X	C	H	I	L	D	I	S	H	L	F
Y	M	I	S	C	H	I	E	F	O	G



HAPPY EASTER



Easter Monday is the day after Easter Sunday. It is not a federal holiday in the United States of America (USA). Some Easter traditions continue on the Easter Monday, such as the egg rolling race at the White House.

The Origins Of April Fool's Day - April 1st

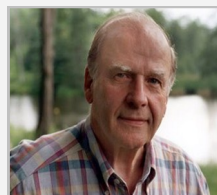
What is April Fools Day and how did it begin? The origin of this holiday is rather uncertain. However, the common belief holds that during the reformation of the calendar the date for the New Year was moved from April 1st to January 1st. During that time in history there was no television or radio so word spread slowly. There were also those who chose to simply ignore the change and those who merely forgot. These people were considered "fools" and invitations to non-existent parties and other practical jokes were played on them.

"All Fools' Day" is practiced in many parts of the world with practical jokes and sending people on a fool's errand. Others believe that the origin began with celebrations at the Spring Equinox.

In Scotland, April Fools Day is 48 hours long and you are called an "April Gowk" which is another name for a cuckoo bird. In England, tricks can be played only in the morning. If a trick is played on you, you are a "noodle". In France, the April Fool's is called "April Fish" (Poisson d'Avril). The French fool their friends by taping a paper fish to their friends' backs and when someone discovers this trick, they yell "Poisson d'Avril!"



EARTH DAY started with the simple desire to protect the places we hold sacred. After witnessing a devastating oil spill off the coast of California, Senator Gaylord Nelson organized a national Earth Day to educate Americans about the value of our wild lands and the threats that could destroy them. Senator Nelson organized a grassroots movement that mobilized 20 million Americans to speak up for our greatest national treasure on the first Earth Day in 1970. This year Earth Day falls on Sunday, April 22nd.



"The wealth of the nation is its air, water, soil, forests, minerals, rivers, lakes, oceans, scenic beauty, wildlife habitats and biodiversity...That's all there is. That's the whole economy."